



Rebecca Ryther

PERMANENT MAKE-UP
AFTER CARE ADVICE

www.rebeccaryther.co.uk

Following the treatment, on the same day:

Gently dab a clean cotton pad or tissue on the brows every 1-2 hours (don't rub!)

This is to remove any lymph fluid which the body might produce to begin healing (it is a clear or yellow fluid). Don't worry if you don't see or feel any.

AT BEDTIME OR AFTER 6 HOURS:

Dampen a pair of clean cotton pads with cooled boiled water (or lukewarm tap water) and gently dab your brows to clean them (again, don't rub!)

FOLLOWING MORNING:

Repeat above (damp cotton pads on each eyebrow).

Then leave your brows alone for 3 days. On the 4th day apply a rice-grain amount of your Aftercare Balm with a clean ring finger or cotton bud to each eyebrow. Gently dab it on. Use a little bit more if you feel your brows are quite dry. Don't overload the product. Do this morning and evening for at least 10-14 days (you can finish the pack by continuing longer if you want to or you can stop after 10-14 days).

Note: You may notice some whiteness or blanching around the area treated, this is normal and should subside within a few hours. You may get some swelling which is normal, and should subside within 2 days (although it is not as common for brow treatments). In some cases there might be slight bruising which should last no longer than 1 week.

Remember your colour will be DARKER for around 5-7 days. Then the brows will completely heal around 30% lighter and softer (and slightly smaller in size/shape).

It is worth noting that healed results are not as defined and sharp as immediately after treatment and fresh off the needle. The final result will be softer and less sharp (particularly to note for Hairstroke Brows, they will heal softer and slightly more blurred in appearance).

As soon as your procedure is finished, your body will start to heal. The skin will close and you may see a thin crust which will protect the area whilst the skin heals. The colour will continue to change and develop until 4-6 weeks while the skin is healing (in some cases up to 3 months). Please be aware that you might notice areas of lighter colour or no colour at all, this is perfectly normal and a part of the healing process (where the skin heals over and pushes the pigment further down). It will reappear but sometimes not in all areas. This is one of the reasons we have a follow-up (top-up) as part of your treatment.



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Further After Care Advice/Info:

(It is very important to follow these points for the best healed results).

DO NOT PICK, PEEL OR SCRATCH THE AREA

(if you pick your brows you will lose colour and will be liable to pay for an additional treatment. Yes, I can tell!)

(Itching is normal, please do not scratch at your brows! Gently dab around them to alleviate or in extreme circumstances you can use some ice wrapped in a face towel and gently rest around the area).

Do not touch or rub the brows other than applying your aftercare balm.

Do not apply any make-up products directly to the area till fully healed (4-6 weeks).

Do not tweeze for at least a week.

Waxing, threading and tinting should not take place for at least 2 weeks.

LIFESTYLE CONSIDERATIONS

Do not get your brows wet/submerged in water for 14 days after treatment.

When showering limit to around 5 minutes (to avoid excess steam) and stand facing away from the water and tip your head backwards when washing your hair, not allowing the water to fall on to your face. For facial cleansing use cotton pads etc. for 14 days (no face washing).

No swimming for 14 days after treatment.

No heavy exercise or gym sessions that make you sweat or steam rooms/saunas for 10-14 days after treatment.

No direct sun exposure for 14 days after treatment (book the treatment around hot, sunny holidays!) At home, if the sun is out, keep your face in the shade or wear a hat/sunglasses. Do not place your face in direct sunlight. Once fully healed (after 4-6 weeks), it is a good idea to apply SPF (useful in stick form) to the brow area continually/daily after treatment (we should all be wearing SPF daily on our face anyway!). This will prolong the colour on your brows.

If you have any MRI scans please inform them you have had permanent make-up and leave 14 days post treatment.



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If you do experience any reactions (very rare) or concerns:

In the first instance please contact me

07980 846129

If urgent please contact your GP or A&E department