



*Rebecca*  
Ryther

PERMANENT MAKE-UP  
PRE-TREATMENT ADVICE

[www.rebeccaryther.co.uk](http://www.rebeccaryther.co.uk)

## **THE TREATMENT CANNOT BE CARRIED OUT IF:**

You are pregnant or breastfeeding

You are under 18

You are taking any blood thinning medication such as Warfarin (or any other name)

You are taking Accutane/Roaccutane or have done so within the last 6 months

You have severely sun damaged skin

You have any spots, raised lumps or injuries in your eyebrow area

Please try to ensure that your skin is in the best possible condition in the lead-up to your appointment.

Please arrive without make-up where possible.

You **MUST NOT** drink caffeine or alcohol in the 24 hours prior to the treatment. This is very important! (it can make you bleed excessively during treatment, making the treatment difficult and affecting your results).

**DO NOT** take Aspirin or Ibuprofen 48 HOURS before treatment.

You must be fit and well on the day of your appointment.

A patch test must have been carried out with no adverse reaction.

If you are using Skincare containing Retinol, AHAs/BHAs (eg. Glycolic Acid or Salicylic Acid) or any type of chemical peel/brightening treatment please **STOP** the use of these products for at least **TWO** weeks prior to treatment (4 weeks prior if possible).

Refrain from using sunbeds and avoid direct natural sun exposure for 2 weeks prior to treatment.

(Please book your treatments around any hot, sunny holidays!)

No Brow Wax/Threading or Brow Tint for 1 week prior to treatment.

Please **DO NOT** smoke on the morning of your appointment.

Do not have a heavy exercise session beforehand as this may raise your heartbeat and cause you to bleed during the treatment.

You will need to wait 6 weeks after **ANY** surgery to allow your body to heal prior to treatment.



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For more information please contact me on

**07980 846129**

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